

# Grand Montauban

## Tourist map

# Grand Montauban

TOURIST MAP



Office de  
Tourisme  
Grand Montauban

### Discover GRAND MONTAUBAN

#### Must see attractions

- 1 The Ingres Bourdelle Museum
- 2 The Dovecotes of Escatalens
- 3 Art Deco House Styles in Reyniès
- 4 Port canal
- 5 The Place Nationale

#### Bike routes



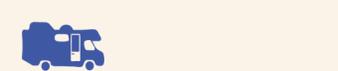
#### Hiking trails



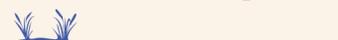
#### Boating stops



#### Motorhome areas



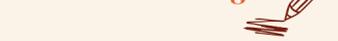
#### Lakes and water points



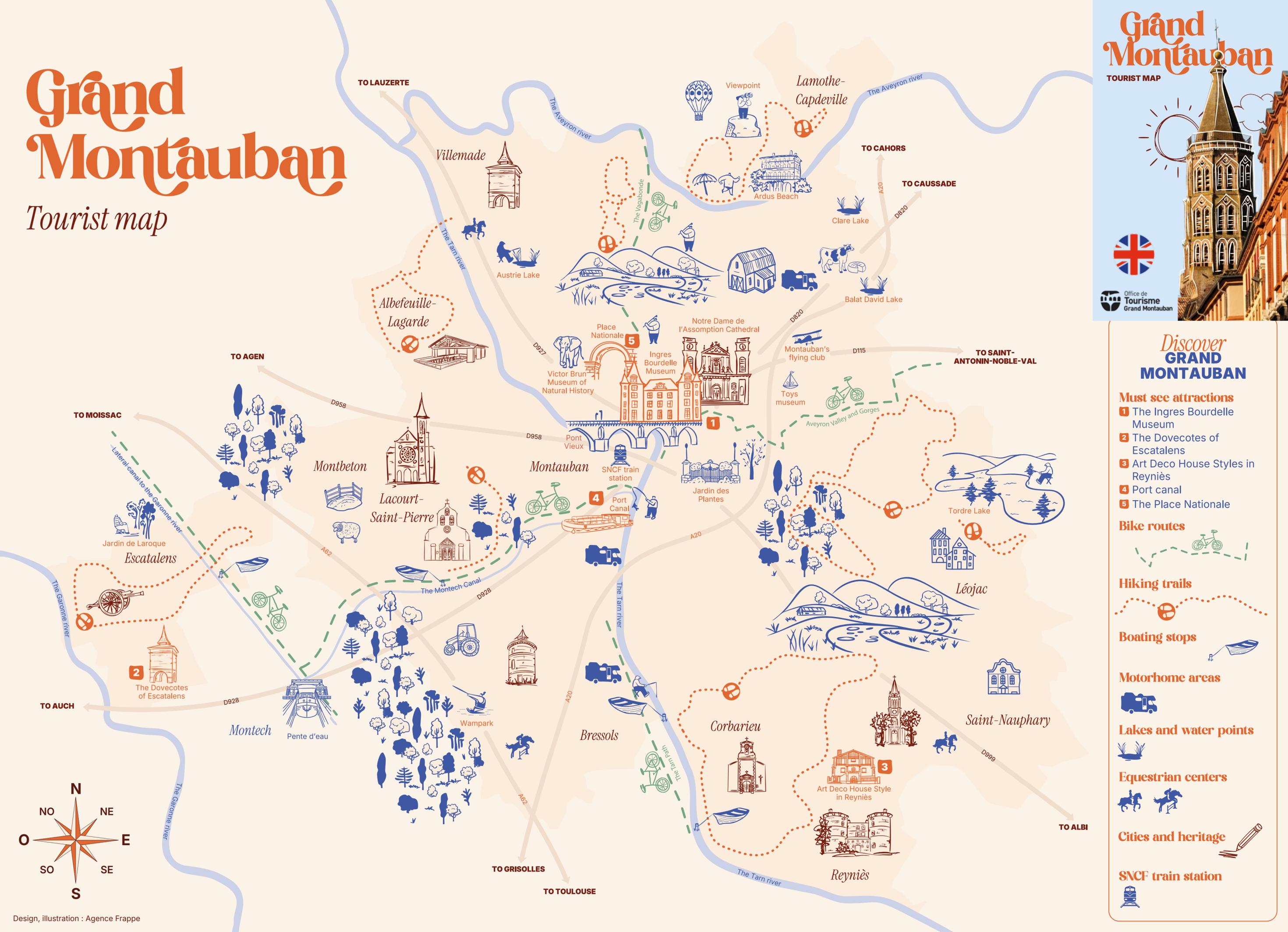
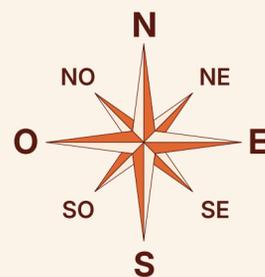
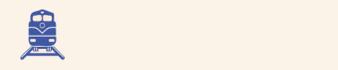
#### Equestrian centers



#### Cities and heritage



#### SNCF train station



## Bike ROUTES



### The Montech canal

A peaceful and pleasant route along the old towpath between Montauban and Montech.

11,6 KM > SMOOTH CYCLE PATH

### The Vagabonde

An adventure of over 500 km starting in Montluçon in the Allier region, crossing mountainous and hilly areas.

50 KM IN TARN ET GARONNE > SHARED PATH

### Aveyron Valley and Gorges

This cycle route leads from Montauban to Laguëpie, at the borders of the Tarn-et-Garonne, Tarn, and Aveyron departments.

84 KM IN TARN ET GARONNE > SHARED PATH

### The Tarn Path

A safe cycle path that will allow you to discover the beautiful hillsides between Bressols and Nohic.

12 KM > SMOOTH CYCLE PATH

### Establishments with the Accueil Vélo label



## Bike RENTAL

**L'Atelier du vélo**  
16, allée de l'Empereur, 82000 Montauban  
05 63 63 52 52

**Déathlon Montauban**  
Avenue d'Irlande,  
82000 Montauban  
05 63 91 84 00



## Park AND GARDEN

**Jardin des Plantes**  
Allée Consul Dupuy, 82000 Montauban



**Jardin de Laroque**  
303, faubourg Tutet, 82700 Escatalens



## Must-see ATTRACTIONS IN GRAND MONTAUBAN



## Market DAYS

### In Montauban

Saturday morning (*place Prax Paris*)  
Wednesday morning (*place Lalaque*)  
Thursday morning (*place Isadora Duncan*)

### In Bressols

Sunday morning (*Shopping center square*)



## Hiking TRAILS

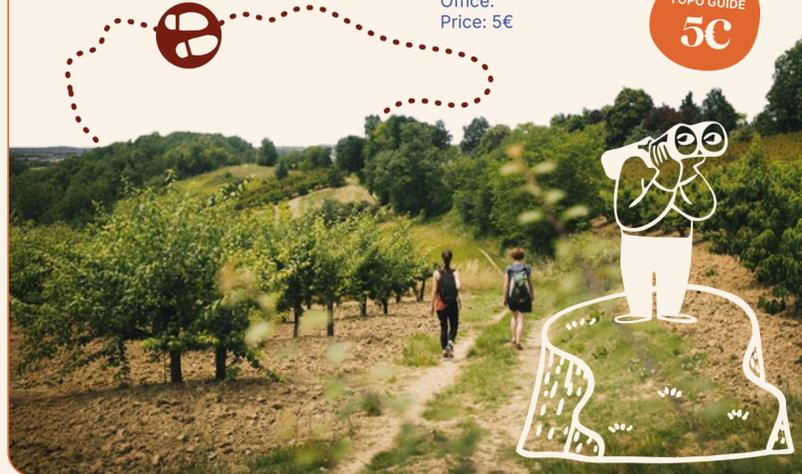
Take one of the 20 walks and hikes in Grand Montauban.

Free fact sheets



Topo Guide available for purchase at the Tourist Office.  
Price: 5€

TOPO GUIDE  
5€



## The Dovecotes of Escatalens

2

In Escatalens, follow this 3km walking trail to discover 16 dovecotes, witnesses to the region's rich agricultural heritage.



## 3 Art Deco House Styles in Reyniès

Stroll through Reyniès and observe the unique harmony of its built heritage that takes you back to the golden age of Art Deco.



## 4 Port Canal

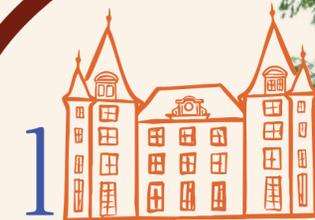
On foot, by bike, by boat... This marina invites you to disconnect, enjoy the numerous on-site services and soak up the holiday atmosphere.



## The Place Nationale

In the heart of the city center, discover one of France's oldest squares, recently renovated and enhanced by its water mirror.

5



## 1 The Ingres Bourdelle Museum

Immerse yourself in art history through the drawings and paintings of Jean-Auguste Dominique Ingres and the sculptures of Antoine Bourdelle.

## Swimming AND LEISURE CENTERS

### Ardus Beach

At the foot of the Lamothe-Capdeville mill, enjoy free river swimming (supervised in July-August).



### Wam Park

A leisure center with exciting activities (water skiing, wakeboarding, inflatable obstacle courses).



### Ingréo

In all seasons, the 6 indoor and outdoor pools welcome you for fun and active swimming.

## Currency EXCHANGE

### Godot & Fils

2, rue Fraïche  
82000 Montauban  
05 82 73 05 05



## Luggage STORAGE

### Le Coq Working

12, place du Coq  
82000 Montauban  
09 78 80 03 46

4€  
PER BAG

## Fishing IN GRAND MONTAUBAN

### Balat David Lake, Austrie Lake and Clare Lake

82000 Montauban

### Tordre Lake

82230 Léojac

### Ardus Beach

82130 Lamothe-Capdeville

### Montbeton Lake

Route de Montauban, 82290 Montbeton

### Port Canal in Montauban

125 rue des Oules, 82000 Montauban

### Banks of the Tarn in Corbarieuc

Rue du Stade, 82370 Corbarieuc

### Boating stop in Escatalens

Chemin de l'Ecluse, 82700 Escatalens

### Boating stop in Bressols

Chemin de la Rive, 82710 Bressols

### Boating stop in Lacourt Saint Pierre

Route de Bressols, 82290 Lacourt-Saint-Pierre

## Grand Montauban Tourist Office WELCOMES YOU

### All year round :

**Monday to Saturday :**

9:30 a.m. - 1 p.m. / 2 p.m. - 6 p.m.

### Public holidays (except May 1st) :

**May to September :**

9:30 a.m. - 1 p.m.

### Sundays :

**June to September :**

9:30 a.m. - 1 p.m.

4, rue du Collège - 82000 Montauban

05 63 63 60 60

info@montauban-tourisme.com

